

Since 2004 LRB has been a corporate sponsor of many non-profit organizations. Each year a portion of the proceeds from every sale is gifted to chosen organizations throughout the year. We support everything from children and families in need to the Arts and education.

*To view a complete listing of services, volunteer opportunities and community activities, please visit the Senior Services website or call them directly at 336-725-0907. Below we have provided a short list of phone numbers to help you start on your retirement journey.*

### Information Services:

AARP – Raleigh, NC: **1-866-389-5650**

AARP – Washington, DC: **1-888-687-227**

Disability Rights North Carolina:  
**1-877-235-4210**

Reverse Mortgage Assistance:  
**1-800-569-4287**

### Forsyth County/Winston-Salem:

Adult Protective Services (abuse & neglect),  
Forsyth County Dept. of Social Services:  
**336-703-3503**

City of Winston-Salem Seniors (Piedmont  
Plus): **336-727-2325**

Social Security Administration: 336-Winston-  
Salem Office: **1-877-402-0828**

Winston-Salem Police Department, Non-  
Emergency: **336-773-7700**

Winston-Salem Services City Link 311:  
**336-727-8000**

### Volunteer Opportunities:

HandsOn Northwest North Carolina:  
**336-724-2866**

Retired Senior Volunteer Program (RSVP)  
through HandsOn: **336-724-2866**

Grandparenting Program, Winston-Salem  
State University: **336-725-8167**

### Activities:

Senior Lunch of Senior Services, Inc.:  
**336-725-0907**

Mixxer MakerSpace: **336-265-7362**

### Hospitals:

Novant Health, (information): **336-718-5000**

Wake Forest Baptist Health (information):  
**336-716-2011**

Health Connections (doctor referral service),  
Forsyth Medical Center: **336-718-7000**

Health on Call (doctor referral service),  
Wake Forest Baptist Health: **336-716-2255**

### Retirement Communities:

Bermuda Village Retirement Community:  
**336-998-6539**

Salemtowne: **336-767-8130**

Brookridge Retirement Community:  
**336-759-1044**

Arbor Acres United Methodist retirement  
Community: **336-794-6425**

Brighton Gardens of Winston-Salem:  
**336-722-2224**

Creekside Terrace: **844-496-5177**

Heritage Woods: **336-600-1089**

Homestead Hills: **336-659-0708**

Oak Forest Health and Rehabilitation:  
**336-776-5000**

Winston Salem Senior Living at Forsyth  
Court: **336-723-2006**

Forest Heights Senior Living: **336-722-7118**